

How Intuitive Are You?



Rate the questions below on a scale from 1 – 10

1 being: Are You Kidding / Nope / Not at All / Never

– & –

10 being: Oh Heck Yeah / Absolutely / All the Time

NOTE: It's best to print this and enter your scores, or record scores on a piece of paper for easy adding

- _____ 1) How intuitive do you *believe* you are?
- _____ 2) Would others describe you as being 'impulsive'?
- _____ 3) When you meet someone new, do you immediately notice whether you feel a strong connection - or not?
- _____ 4) How often do you adjust or deviate from the rules?
- _____ 5) Do you tend to know how other people feel without them telling you?
- _____ 6) Do you enjoy learning how to do new things?

- _____ 7) Do you enjoy doing things on the spur of the moment, instead of sticking to your routine?
- _____ 8) Would others describe you as being creative?
- _____ 9) When people tell you their plans/ideas, do you usually have a feel for whether they'll work out - or not?
- _____ 10) How often are you right on #9 above?
- _____ 11) Are you comfortable experimenting when preparing food, trying/adding a bit of this and that?
- _____ 12) Do you tend to see the glass as half full (rather than ½ empty)?
- _____ 13) Do you prefer doing things where you have a lot of freedom to make your own decisions (versus doing a project where everything is laid out for you)?
- _____ 14) How comfortable are you in exploring how you feel?
- _____ 15) How often do you believe your heart (as opposed to usually going with your mind)?
- _____ 16) How often do people respond to your comments with, 'OMG! How did you know that?'
- _____ 17) How often do ideas/inspirations pop into your mind seemingly 'out of the blue'?
- _____ 18) Do you like to see/dream the symbolism of things that appear or 'happen' in life?
- _____ 19) Do you enjoy interpreting your dreams?
- _____ 20) Would you rather decide for yourself how intuitive you are (as opposed to taking a test to tell you)?
- _____ **TOTAL POINTS**

Add up the points for each question, and out of a possible 200 points:

- 0-50 Well.....intuition isn't your thing...yet!
- 51-100 You've got a start, you're somewhat intuitive – now play more to make it better!
- 101-150 You've got it happening – you're very intuitive!
- 150 - 200 You're extremely intuitive – and you knew that – so this is just more proof!

Learn details on your score at:

<http://www.artistofthespiritcoachtraining.org/intuition-clarity.html>